

NY Rising Rebels operates year round.

We break our year up into the 4 seasons; Fall, Winter, Spring & Summer. Throughout the year we have multiple tryouts to become part of the NY Rising Rebel Family. We focus on player development as well as team development. Each season is designed to better each individual in their weaknesses to make them a better player for their upcoming school season. During each season we like to attend at least 2 sleep away tournaments, along with 4 local tournaments. We encourage our athletes to attend showcase workouts, where college scouts are watching or attending. Our teams typically practice twice a week; one practice will be dedicated to conditioning and targeted learning. The second practice would be designated to run through plays and game like situations etc. Interested or need more information, contact us at info@nyrisingrebels.com